

IDAHO FALLS PARKS AND RECREATION

ADULT BASKETBALL REGULATIONS

- 1) To register a team, **ALL FEES must be paid by deadline set before the season begins.**
- 2) A player may play on only one competitive league team.
- 3) If a player plays in two separate leagues, he/she **must pay two player fees.** If a player wants to change from one team to another, he must get permission from the teams in the league.
- 4) **All fees must be turned in with the team roster.** All players should sign the roster. Only teams that have turned in completed rosters and have paid all fees will be placed on the schedule.
- 5) If a team picks up a player to field a team on any given night and that player is not on their roster, that team will forfeit the game.
- 6) Anyone home on holiday vacation break or visiting during the holidays or any time is not allowed to play.
- 7) Games are governed from the Idaho High School Basketball rules unless otherwise stated.
- 8) A team in a playoff (not an invitation tournament or end of season tournament) must be comprised of players that have played in at least three (3) league games to be eligible. A pick up rule for tournaments will be specified for individual tournaments.
- 9) A team must have four (4) players to begin a game. A 10 minute grace period will be allowed for the first game only. After that, game time is forfeit time.
- 10) Four time outs allowed per team per game.
- 11) A technical foul is five (5) minutes on the bench. Two technical fouls and the player is ejected from the game. If the player does not leave the game or gym quietly and promptly, a player could be suspended from future games. Technical fouls are personal fouls.
- 12) Game will run on 18 minute halves with the clock stopping on free throws and the last 2 minutes of each half only.
- 13) Any fighting will result in a suspension
- 14) All individuals playing in the Idaho Falls basketball program should display good sportsmanship before, during and after all games to opponents and officials. Teams with a problem player should restrain them. If not, a team fine could follow.
- 15) Teams must have a winning percentage **higher** than .500% to participate in the end of season single elimination tournament.